ADDITIONAL CONSENT FOR SURGICAL TREATMENT FOR SLIPPED CAPITAL FEMORAL EPIPHYSIS

Patient Sticker

Dr. Prasad Gourineni, MD has explained to me the diagnosis and treatment options for slipped capital femoral epiphysis (slip). I understand that

- 1. The standard treatment for stable slips with open growth plates is single screw fixation through a small incision. This treatment is simple, stops further slippage, and has very few complications.
- 2. Screw fixation does not correct the deformity. Residual deformity can cause pain, cartilage damage, and arthritis in the long term.
- 3. Mild deformity can be treated with an open or arthroscopic shaving called femoral neck osteoplasty. This is not a standard procedure.
- 4. Moderate and severe deformities can be corrected completely with a femoral neck osteotomy. Femoral neck osteotomy is a major procedure, involves significant blood loss, and has potential complications of avascular necrosis and chondrolysis. This is not a standard procedure.
- In spite of vast experience and good results with these non standard procedures, Dr. Gourineni cannot guarantee the outcome of these procedures.

I understand Dr. Gourineni's explanation well and I am consenting to

1. Arthroscopic, possible open femoral neck osteoplasty

2. Femoral neck osteotomy and internal fixation

Signature of parent / guardian

on my child

Name of the patient

Date

Witness